



360 360 SERIES EQUIPMENT

360XL

SYNRGY 360XL

More training zones, can be carried out a number of distinctive fitness, let the user get more comprehensive fitness effect. Functional training area is composed of multiple elements, including physical combat, bounce, pull-ups, TRX training, core stability training, strength training, balance, stamina, speed, flexibility, etc.



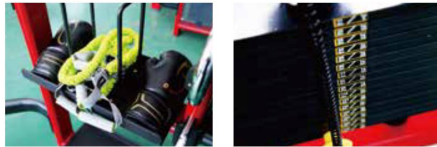
Footprint: 5559*4415mm
Height: 2578mm
Weight: 1317kg
Medicine Ball: 1kg, 2kg, 3kg, 4kg, 5kg, each for one pc
Kettle Bell: 4kg, 6kg, 8kg, 10kg, each for one pc
Sand bag: 30kg (diameter 33cm; high 1.4m), one pc
Boxing glove: one pair
Dynamic rope: light, medium, heavy (13mm, 32mm, 64mm) each for one pc
TRX Rope one pc
Physical Training rope: length 9m, diameter 38mm one pc
Weight plates: 2.5kg, 5kg, 10kg, each for one pc
Fixed black rubber dumbbell: 5kg, 10kg, 15kg, each for one pc



360XS

SYNRGY 360XS

More training zones, can be carried out a number of distinctive fitness, let the user get more comprehensive fitness effect. Functional training area is composed of multiple elements, including physical combat, bounce, pull-ups, TRX training, core stability training, strength training, balance, stamina, speed, flexibility, etc.



- A- Tube: Flat elliptical tube/ 50*100MM
- B- Occupation space: 3053*3494MM
- C- Height: 2422mm
- D- Weight: 650KG
- E- Accessories included,
 - Kettle Bell: 4kg, 6kg, 8kg, 10kg, each for one piece
 - Dynamic rope: light, medium, heavy (13mm, 32mm, 64mm) each size for one piece
 - TRX Rope: 1 piece
 - Physical Training Rope: Length 9m, diameter 38mm one piece
 - Weight plates: 2.5kg, 5kg, 10kg each for one piece
 - Fixed Black Rubber Dumbbell: 5kg, 10kg, 15kg each for one piece



360S

SYNRGY 360S

More training zones, can be carried out a number of distinctive fitness, let the user get more comprehensive fitness effect. Functional training area is composed of multiple elements, including physical combat, bounce, pull-ups, TRX training, core stability training, strength training, balance, stamina, speed, flexibility, etc.



- A- Tube: Flat elliptical tube/ 50*100MM
- B- Occupation space: 4594*4279MM
- C- Height: 2422mm
- D- Weight: 1050KG
- E- Accessories included
 - Physical Training Rope: Length 9m, diameter 38mm one piece
 - TRX Rope: 1 piece
 - Medical ball :1kg-5kg each kg is one piece
 - Weight plates: 2.5kg, 5kg, 10kg each for one piece
 - Dynamic rope: light, medium, heavy (13mm, 32mm, 64mm) each size for one piece
 - Fixed Black Rubber Dumbbell: 5kg, 10kg, 15kg each for one piece
 - Kettle ball: 4kg, 6kg, 8kg, 10kg, each for one piece



360T

SYNRGY 360T

More training zones, can be carried out a number of distinctive fitness, let the user get more comprehensive fitness effect. Functional training area is composed of multiple elements, including physical combat, bounce, pull-ups, TRX training, core stability training, strength training, balance, stamina, speed, flexibility, etc.

A- Tube: Flat elliptical tube/ 50*100MM

B- Occupation space: 1880*3527MM

C- Height: 2459mm

D- Weight: 450KG

E- Accessories included

Physical Training Rope: Length 9m, diameter 38mm one piece

TRX Rope: 1 piece

Medical ball :1kg-5kg each kg is one piece

Weight plates: 2.5kg, 5kg, 10kg each for one piece

Dynamic rope: light, medium, heavy (13mm, 32mm, 64mm) each size for one piece

Kettle ball: 4kg, 6kg, 8kg, 10kg, each for one piece



360XM

SYNRGY 360XM

More training zones, can be carried out a number of distinctive fitness, let the user get more comprehensive fitness effect. Functional training area is composed of multiple elements, including physical combat, bounce, pull-ups, TRX training, core stability training, strength training, balance, stamina, speed, flexibility, etc.

A- Tube: Flat elliptical tube/ 50*100MM

B- Occupation space: 3149*5192MM

C- Height: 2252mm

D- Weight: 1050KG

E- Accessories included

Sandbag one piece

Box gloves one pair

Physical Training Rope: Length 9m, diameter 38mm one piece

TRX Rope: 1 pieces

Medical ball : 1kg-5kg each kg is one piece

Weight plates: 2.5kg, 5kg, 10kg each for one piece

Kettle ball: 4kg, 6kg, 8kg, 10kg, each for one piece

Dynamic rope: light, medium, heavy (13mm, 32mm, 64mm) each size for one piece

Fixed Black Rubber Dumbbell: 5kg, 10kg, 15kg each for one piece

